

ArtWorks Program

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Art Therapist
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Peer Specialist
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Open Position
Community Coordinator

Open Position
Employment Coordinator

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AVIVO®

1900 Chicago Ave
Minneapolis, MN 55404

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			August			1
2	3	4 2:00 pm (Kate/Rick) Zoom Group: Art and Thrive	5	6 2:00 pm (Kate/Rick) Zoom Group: Art and Thrive	7 1:00 pm (Kate/Rick) Zoom Group: Draw Together 3:00 pm (Kate/Rick) Zoom Group: Open Mic	8
9	10	11 2:00 pm (Kate) Zoom Group: Art and Thrive	12 CSP EVENT 12pm to 3pm	13 2:00 pm (Kate) Zoom Group: Art and Thrive	14 1:00 pm (Kate) Zoom Group: Draw Together 3:00 pm (Kate) Zoom Group: Open Mic	15
16	17 1:00 pm CSP Advisory Board	18 2:00 pm (Kate) Zoom Group: Art and Thrive	19 12:00 pm Zoom Group: CSP Advisory Board	20 2:00 pm (Kate) Zoom Group: Art and Thrive	21 1:00 pm (Kate) Zoom Group: Draw Together 3:00 pm CSP Advisory Board 3:00 pm (Kate) Zoom Group: Open Mic	22
23	24 1:30 pm (Jes/Kate/Rick) Art in the Park Yarn Giveaway	25 2:00 pm (Kate/Rick) Zoom Group: Art and Thrive	26 1:30 pm (Jes/Kate/Rick) Art in the Park Yarn Giveaway	27 2:00 pm (Kate/Rick) Zoom Group: Art and Thrive	28 1:00 pm (Kate/Rick) Zoom Group: Draw Together 3:00 pm (Kate/Rick) Zoom Group: Open Mic	29
30	31 1:30 pm (Jes/Kate/Rick) Art in the Park Yarn Giveaway					

17th: Veterans Memorial Park, 6335 Portland Ave/Richfield/Meet at the large shelter next to parking lot. (1:00pm)

21st: Becker Park, 5530 Douglas Dr N /Crystal (3:00pm)

24th: Gold Medal Park, Second St and 11th Ave S/Minneapolis (1:30pm)

26th: Smith Park, 8155 Park Ave S/Bloomington (1:30pm)

31st: Becker Park, 5530 Douglas Dr N/Crystal (1:30pm)

ArtWorks Welcomes New Staff! Please welcome Rick and Kate:

Rick: “I’ve been working at Avivo since last fall but am taking on a new position as the ArtWorks Peer Specialist. I’ve been living with mental illness for over half my life, and know from experience just how important art, music and other creative expression are to maintaining a healthy life balance and self-fulfillment. I’ve dabbled in numerous artistic endeavors in my life, but my primary focuses right now are leathercrafting, photography, and the (very) early stages of teaching myself guitar and ukulele. I look forward to working with and getting to know you all!”

Kate: “The lens I look through is strength based. I engage clients through artistic expression and narrative in a collaborative way, so they know they are seen, heard and felt. I work with clients who have experienced trauma and are experiencing depression and anxiety. I bring compassion, non-judgmental listening, teaching, art, and Somatic interventions which help clients connect, and heal through feeling safe and heard. My years of experience in systemic therapy, art therapy and visual communication allows me to be a profound listener and help translate that listening into expression and communication that acknowledges the human spirit. I am an abstract, curious expressionistic, mixed-media artist myself. I love working with materials and often found objects, in new ways.”

In Person Groups:

Mural: We are proud to be facilitating a community focused mural at Avivo’s Headquarters at 1900 Chicago Ave. If interested in participating, please reach out to Jes right away to sign up. **(RSVP Required) (Mask Required)**

Art in the Park: We are so excited that so many of you requested Art in the Park! So, let us get together. Art Works will provide art kits at all events that you can use during the meeting and get to take the items home with you. **(Mask Required)**

Yarn Giveaway: With the Art in the Park events in August we will be giving away yarn! You’ll want to attend if you are a knitter, like to crochet or are a crafter and/or fiber artist! **(Mask Required)**

Zoom Groups (online):

Art and Thrive: Art and Thrive is an ongoing support group for all creative members who are looking to stay connected, receive ongoing support, and learn about resources found in our community that could help us with our goals. This group is also about supporting on another in our lives and in recovery. We start each group with a short session of meditation and check-in.

Draw Together: This is an art group for anyone wanting to make a mark. All you will need is paper, pencil and a pen. This group start with a short session of meditation, check-in and then drawing prompts aimed at supporting self-discovery, building a connection with others and developing a drawing mind.

Open Mic: Join fellow members and staff to share your artistic side, whether its’ poetry, spoken word, music, comedy, story telling or even visual art you would like to share and talk about. Express your creativity and receive feedback from your peers.